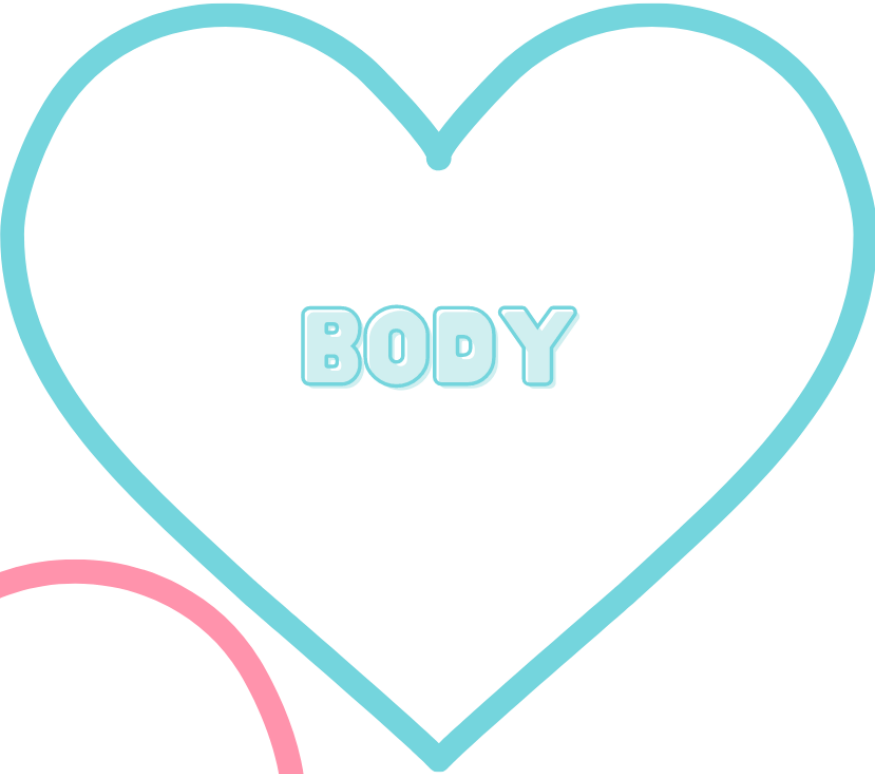
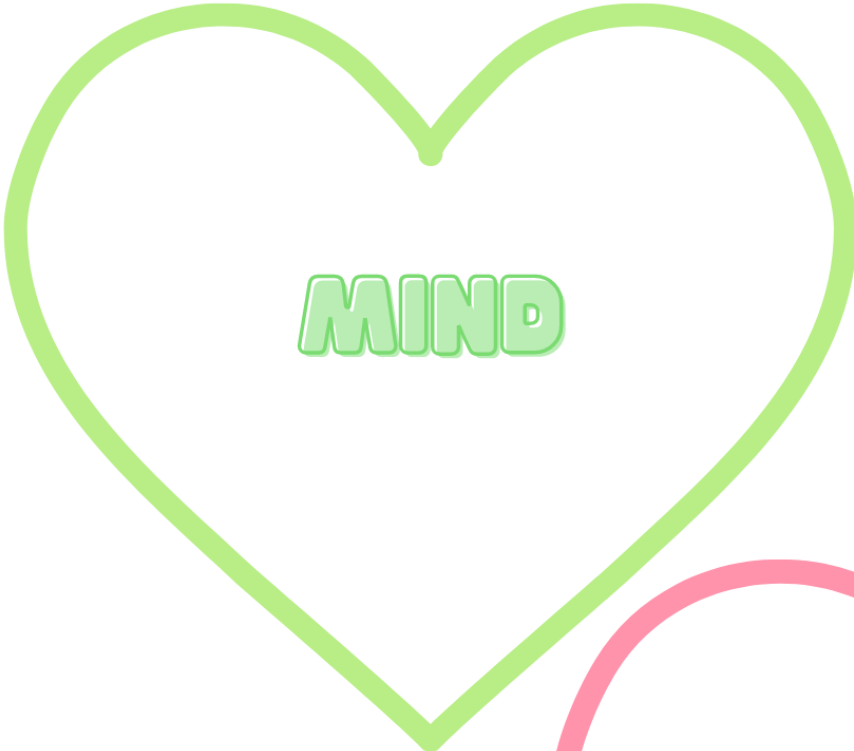


.....'S SELF-CARE PLAN!



**SUPPORTIVE
PEOPLE IN
MY LIFE:**

**FAVORITE
SONGS:**